



Episode 32: 50's Style Updo's

Aired: June 29, 2009

Hosted By: Amy E

Featuring: Stanislav Mikhailov aka Stas from [Metamorphosis Salon](#)

Introduction: In today's episode we show you how to achieve a retro look. The stylist demonstrates how one can get a 50's style updo by using simple things such as hair sprays, rat tail comb, hairpins, rubberbands and some accessories.

Important takeaways from today's episode:

- Backcombing aka teasing is the most important aspect of creating an up-do. Apart from holding the hairstyle, it will also give lift, height and volume. (Time Index: 1:45)
- Rather than relying on bookish or technical knowledge, follow your intuitions when creating up-do styles. (Time Index: 2:05)
- Interact with your clients to gather their requirements as this will help you in achieving a perfect updo. (Time Index: 2:15)
- Keep hair tension strong during the backcombing process. (Time Index: 2:30)
- The secret to the backcombing process is how you actually use the comb. The ideal flow of your comb should be from top to bottom. (Time Index: 3:05)
- Never backcomb or tease the ends of the hair as they will be used while finishing the updo. (Time Index: 3:35)
- Overdirecting the hair creates a closer scalp tease. (Time Index: 4:25)
- Using a light hairspray will give a little more hold at the root and strengthen the overall look. (Time Index: 4:45)
- When teasing the side hair, make sure you tease them perpendicular to what you have already done. This will prevent separation of hair and provide an organic look. (Time Index: 5:10)



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- When using hairspray, try to spray 30 cm away from client to ensure even distribution of the spray over client's hair. (Time Index: 6:15)
- Don't forget to check how the style looks in the mirror. (Time Index: 7:05)
- Usually hair is heavier at the back of the head and therefore you should use crisscross pinning to make sure that they stay secured. (Time Index: 8:25)
- Remember to use clear bands as they work really well for up-do styles. (Time Index: 9:10)
- With the help of a light hairspray, you can style the hair by using a rat tail comb and adding the freehand touch. (Time Index: 10:00)
- Once you have finished styling the hair, spray a heavy hairspray over client's hair to make sure that the style stays firm and secured. (Time Index: 12:00)
- Using your creativity, you can add [hair accessories](#) to enrich the updo. (Time Index: 13:00)
- To finish the updo, use a Diamond gloss and spray it over your client's hair. It will add more shine to hair and make it glow.



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